In-Person Assistors by County

Essex

Need health insurance? We can help.

NY State of Health, the Official Health Plan Marketplace has in-person assistors in your community who can help you apply and enroll in a health plan.

- Help is free and available in your own language.
- Assistors can meet with you in locations convenient to your home or work.

Assistor Name	Phone Number
Adirondack Health Institute	866-872-3740
Southern Adirondack Independent Living Center (SAIL)	518-792-3537

Assistor contact information may change. If you can't reach an assistor by using the phone number above, please contact our Customer Service Center at 1-855-355-5777; TTY: 1-800-662-1220.