



# You'd be surprised...

How easy it is to get a good, low-cost health plan.

You'll find many quality health plans, help paying for the plan you pick, and our new Essential Plan for lower-income New Yorkers.

 1-855-355-5777 or TTY: 1-800-662-1220

 [nystateofhealth.ny.gov](http://nystateofhealth.ny.gov)  Through free in-person help

*Help is available in your own language.*