



Essex County

Individual Marketplace: *Medical Plans*

BlueShield of Northeastern New York
Capital District Physicians Health Plan
Empire BlueCross
Excellus BlueCross BlueShield
Fidelis Care
MVP Health Plan, Inc.

Individual Marketplace: *Dental Plans*

BlueShield of Northeastern New York*
Delta Dental Insurance Company*
Dentcare*
Empire BlueCross*
Healthplex*

**Indicates this dental insurer offers adult/family dental in addition to pediatric dental.*

Essex County

Small Business Marketplace: *Medical Plans*

BlueShield of Northeastern New York
Capital District Physicians Health Plan
Excellus BlueCross BlueShield
MVP Health Plan, Inc.

Small Business Marketplace: *Dental Plans*

BlueShield of Northeastern New York*
Delta Dental Insurance Company*
Dentcare*
Healthplex*
MetLife*

**Indicates this dental insurer offers adult/family dental in addition to pediatric dental.*