

## **Essex County**

### Individual Marketplace: *Medical Plans*

BlueShield of Northeastern New York  
Capital District Physicians Health Plan  
Empire BlueCross  
Excellus BlueCross BlueShield  
Fidelis Care  
MVP Health Plan, Inc.

### Individual Marketplace: *Dental Plans*

BlueShield of Northeastern New York\*  
Delta Dental Insurance Company\*  
Dentcare\*  
Empire BlueCross\*  
Healthplex\*

*\*Indicates this dental insurer offers adult/family dental in addition to pediatric dental.*

## **Essex County**

### Small Business Marketplace: *Medical Plans*

Capital District Physicians Health Plan

Excellus BlueCross BlueShield

MVP Health Plan, Inc.

### Small Business Marketplace: *Dental Plans*

Dentcare\*

Healthplex\*

*\*Indicates this dental insurer offers adult/family dental in addition to pediatric dental.*