



NY State of Health offers affordable health plans and financial support to lower your costs. Get free personalized help from navigators to compare plans and choose the coverage that is best for you.

## AT NY STATE OF HEALTH YOU'LL FIND

- 1 Many affordable quality health plans
- 2 Plans with free preventive care and low premiums
- 3 Free one-on-one help to pick your plan
- 4 Financial assistance to help pay for your coverage
- 5 The Essential Plan for lower-income individuals

## SIGNING UP IS SIMPLE! HAVE THIS INFORMATION FOR YOU AND EACH MEMBER OF YOUR FAMILY

- ✓ Birthdates
- ✓ Social security numbers or, for legal immigrants, document numbers if available
- ✓ Employment, income records, and health insurance information

Si usted habla un idioma diferente al inglés, los servicios de asistencia de idioma están disponibles gratis para usted. Llame al 1-855-355-5777 (TTY: 1-800-662-1220).

如果您使用的語言不是英語，您可以使用我們的免費語言支援服務。請致電 1-855-355-5777 (TTY: 1-800-662-1220)。



### COMPARE PLANS AND ENROLL TODAY!

1-855-355-5777 or  
TTY: 1-800-662-1220

[nystateofhealth.ny.gov](https://nystateofhealth.ny.gov)  
Free in-person help

# THE ESSENTIAL PLAN

The Essential Plan is just right for many individuals with lower incomes.

For some, it costs less than a dollar a day. For others, there is no cost.

**AND THERE IS NO DEDUCTIBLE**, so the plan starts paying for your health care right away.

## THE ESSENTIAL PLAN OFFERS THE SAME QUALITY BENEFITS AS OTHER HEALTH PLANS



Doctor visits, including specialists



Tests ordered by your doctor



Prescription drugs



Inpatient and outpatient care  
at a hospital

Under the Essential Plan, the portion you pay for each health service – your co-payment – is also very low, sometimes \$0.

And preventive services are free, including routine doctor exams and screenings.



Sign up for the Essential Plan today.  
Enrollment is open **ALL YEAR LONG**.