You’d be surprised...
how easy it is to get a good, low-cost health plan.

At NY State of Health you’ll find:
• Many quality health plans from brand-name companies
• Help paying for the plan you pick
• The Essential Plan for lower income individuals

Signing up is simple. Have this information ready for each member of your family:
• Birth dates
• Social security numbers or, for legal immigrants, document numbers if you have them
• Employment, income, and health insurance information

1-855-355-5777 or TTY: 1-800-662-1220
nystateofhealth.ny.gov
With an in-person assistor
The Essential Plan is just right for many New Yorkers with lower incomes. For some, it costs less than a dollar a day. For others, it costs nothing.

AND IT HAS NO DEDUCTIBLE, so the plan starts paying for your health care right away. The Essential Plan offers the same benefits as other health plans:

- doctor visits, including specialists
- tests ordered by your doctor
- prescription drugs
- inpatient and outpatient care at a hospital

Under the Essential Plan, the share you pay for each health service — your co-payment — is also very low. And sometimes, it’s even $0.

And you pay nothing for services meant to keep you healthy, like routine doctor exams and screenings.

Sign up for the Essential Plan today. Enrollment is open ALL YEAR LONG.

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Through free in-person help

Help is available in your own language.

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