

**ENROLL NOW FOR 2019**



**You'd be surprised...**

**how easy it is to get a good,  
low-cost health plan.**

**At NY State of Health you'll find:**

- Many quality health plans from brand-name companies
- Help paying for the plan you pick
- The Essential Plan for lower income individuals

**Signing up is simple. Have this information ready for each member of your family:**

- Birth dates
- Social security numbers or, for legal immigrants, document numbers if you have them
- Employment, income, and health insurance information

 **1-855-355-5777 or TTY: 1-800-662-1220**

 **[nystateofhealth.ny.gov](https://nystateofhealth.ny.gov)**

 **With an in-person assistor**

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# The Essential Plan

The Essential Plan is just right for many New Yorkers with lower incomes. For some, it costs less than a dollar a day. For others, it costs nothing.

**AND IT HAS NO DEDUCTIBLE**, so the plan starts paying for your health care right away. The Essential Plan offers the same benefits as other health plans:

- doctor visits, including specialists
- tests ordered by your doctor
- prescription drugs
- inpatient and outpatient care at a hospital

Under the Essential Plan, the share you pay for each health service – your co-payment – is also very low. And sometimes, it's even \$0.

And you pay ***nothing*** for services meant to keep you healthy, like routine doctor exams and screenings.

**Sign up for the Essential Plan today. Enrollment is open ALL YEAR LONG.**

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 **Through free in-person help**

***Help is available in your own language.***



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