



## XAQIIQOYIN DEGDEG AH OO KU SAABSAN Essential Plan

### sideen isu diiwaangelinayaa?

 [nystateofhealth.ny.gov](https://nystateofhealth.ny.gov)

AMA

 1-855-355-5777 or  
TTY: 1-800-662-1220

AMA

 Iyadoo loo marayo caawimaad fool ka fool ah oo aad ka heleyso caawiye shahaado haysta meel u dhow gurigaaga ama shaqadaada.

### Sideed iiga caawin kartaa luqaddayda?

Caawimada waxaa lagu heli karaa luqaddaada telefoon ahaan iyo qof ahaan.

### Goormaan is diiwaangelin karaa?

Isku diiwaangelinta Essential Plan waxa uu furanyahay sannadkoo dhan.

NY State of Health waxay u hoggaansanta sharciyada xuquuqaha madaniga Federaaliga ee lagu dabi karo iyo sharciyada gobolka, oo wax kuma takoorto qaababka isirka, midabka, asalka qaranka, caqiidada/diinta, sinjiga, da'da, heerka guurka/qoyska, diiwaanka xabsiga lagu qaatay, dembi kuhelida falka dambi, aqoonsiga sinjiga, qaabka galmada, sifooyinka u nuglaanshaha hidda sidaha, heerka guurka, gabood falka guriga heerka dhibanaha iyo/ama aargoosiga.

### Waa maxay Essential Plan?

Qorsha cusub oo ay leeyihiin dadka Reer New York. Kharashkeedu waa in aad uga yar caymisyada kale ee caafimaad. Oo waxay bixisaa dheefo lama huraan ah oo isku mid ah.

### Kumaa iibsana karaa?

Dadka dakhligoodu hooseeyo kuwaas oo aan u qalmin Medicaid ama Child Health Plus.

| Cabbirka qoyska | Inta uga badan ee aad samayn karto |
|-----------------|------------------------------------|
| 1               | \$24,980                           |
| 2               | \$33,820                           |
| 3               | \$42,660                           |
| 4               | \$51,500                           |

### Waa imisa qiimaheedu?

Mid uun \$20 bil qofkiiba –in ka yar hal doolar maalintii ama WAXBA.

### Sidee kale ayay lacagta iiga dhintaa?

Malaha KA JAR JARISTA, sidaasna qorshahu waxa uu ku bilaabmaa bixinita tooska ah ee daryeelkaaga caafimaad.

Waxaad heshaa DARYEEL KA HORTAG AH OO LACAG LA'AAN AH sida baadhitaanada caadiga ah ee dhakhtarkaiyo baadhitaanada si aad caafimaad qab u sii ahaato.

### Maxaa uu daboolaa Essential Plan?

Adeegyo isku mid ah oo ay daboolaan qorshayaasha kale:

- booqashooyinka dhakhtarka, ay ka mid tahay dakhaatiirta takhasusku
- baadhitaanada dhakhtarkaaga
- daawooyinka la qoro
- bukaan jiifka iyo daryeelka bukaan socodka ee cusbitaalka
- iyo wax badan.