




FAST FACTS ON The Essential Plan


How do I enroll?

 nystateofhealth.ny.gov

OR

 1-855-355-5777 or
TTY: 1-800-662-1220

OR

 Through free help from a certified in-person assistor near your home or work.

Can you help me in my own language?

Assistance is available in your language by phone and in person.

When can I enroll?

Enrollment for the Essential Plan is open all year long.

What is the Essential Plan?

A new health plan for New Yorkers. It costs much less than other health plans. And it offers the same essential benefits.

Who can buy it?

Lower-income people who don't qualify for Medicaid or Child Health Plus.

| Household size | Most you can make |
|----------------|-------------------|
| 1 | \$23,760 |
| 2 | \$32,040 |
| 3 | \$40,320 |
| 4 | \$48,600 |

How much does it cost?

Either \$20 a month per person – less than a dollar a day or NOTHING.

How else does it save me money?

It has NO DEDUCTIBLE, so the plan starts paying for your health care right away.

You get FREE PREVENTIVE CARE like routine doctor exams and screenings to keep you healthy.

What does the Essential Plan cover?

The same services covered by other plans:

- doctor visits, including specialists
- tests ordered by your doctor
- prescription drugs
- inpatient and outpatient care at a hospital