




FAST FACTS ON The Essential Plan


How do I enroll?

 nystateofhealth.ny.gov

OR

 1-855-355-5777 or
TTY: 1-800-662-1220

OR

 Through free in-person help from a certified assister near your home or work.

Can you help me in my own language?

Assistance is available in your language by phone and in person.

When can I enroll?

Enrollment for the Essential Plan is open all year long.

NY State of Health complies with applicable Federal civil rights laws and state laws, and does not discriminate on the basis of race, color, national origin, creed/religion, sex, age, marital/family status, arrest record, criminal conviction(s), gender identity, sexual orientation, predisposing genetic characteristics, military status, domestic violence victim status and/or retaliation.

What is the Essential Plan?

A health plan for New Yorkers with no premium for those who qualify. And it offers the same essential benefits.

Who can buy it?

Lower-income people who don't qualify for Medicaid or Child Health Plus.

Household size	Most you can make
1	\$29,160
2	\$39,440
3	\$49,720
4	\$60,000

How much does it cost?

The monthly premium is \$0 for those who qualify.

How else does it save me money?

It has NO DEDUCTIBLE, so the plan starts paying for your health care right away.

Dental and vision benefits are included without cost-sharing.

You get FREE PREVENTIVE CARE like routine doctor exams and screenings to keep you healthy.

What does the Essential Plan cover?

The same services covered by other plans, including:

- doctor visits, including specialists
- tests ordered by your doctor
- prescription drugs
- inpatient and outpatient care at a hospital and more

Si usted habla un idioma diferente al inglés, los servicios de asistencia de idioma están disponibles gratis para usted. Llame al 1-855-355-5777 (TTY: 1-800-662-1220).

如果您使用的語言不是英語，您可以使用我們的免費語言支援服務。請致電 1-855-355-5777 (TTY: 1-800-662-1220)。