

## More New Yorkers Now Qualify for Low-Cost Health Insurance

Eligibility rules have changed as of April 1, 2024, and more New Yorkers are now eligible for low-cost health insurance through the Essential Plan!

The Essential Plan has \$0 monthly premiums, no deductible, and very low cost-sharing. It covers comprehensive benefits including office visits, hospital care, screenings, prescription medicine, dental and vision benefits, and more. New Yorkers can enroll in the Essential Plan at any time during the year through NY State of Health. To learn more about the Essential Plan, visit <https://info.nystateofhealth.ny.gov/EssentialPlan>.

There are three ways to apply for the Essential Plan:

- Visit [nystateofhealth.ny.gov](https://nystateofhealth.ny.gov).
- Get free personalized help from an [enrollment assistor](#).
- Call the NY State of Health Customer Service Center at 1-855-355-5777 (TTY: 1-800-662-1220).

Apply today!