

Send an email with the following subject line and body text to share an overview of NY State of Health and the coverage available through it.

Subject line: Health insurance available through NY State of Health

Email body text:

If you do not have health insurance or will lose your current coverage soon, you can enroll in new insurance through [NY State of Health: The Official Health Plan Marketplace](#). NY State of Health is where New Yorkers can shop for, compare and enroll in health insurance coverage. You have a choice of health plans and help finding the plan that is right for you. You may be eligible for free or low-cost coverage through Medicaid, the Essential Plan, or Child Health Plus, or you may qualify for a Qualified Health Plan with tax credits.

There are three ways to apply:

- 1) Enroll through the NY State of Health website at nystateofhealth.ny.gov
- 2) Enroll by phone with Customer Service at 1-855-355-5777 (TTY: 1-800-662-1220)
- 3) Enroll with the free help of an Enrollment Assistor
 - [Find a Navigator here](#)
 - [Find other Enrollment Assistors here](#)

All health plans offered through the Marketplace include doctor's visits, hospital stays, emergency care, maternity and newborn care, mental health and substance abuse disorder services, prescription drug coverage, rehabilitative and habilitative services and devices, laboratory services, preventive and wellness services, chronic disease management, and pediatric dental and vision coverage. Preventive care, such as routine office visits and recommended screenings, are free.

Visit NY State of Health online or call today and let them find a health care plan that works for you!