



FAST FACTS ON Why You Need Health Insurance

Everyone deserves quality, low-cost health care. It's an important tool for building strong lives and strong families.

How do I enroll?

- nystateofhealth.ny.gov
- () 1-855-355-5777 or TTY: 1-800-662-1220
- Through free in-person help from a certified assistor near your home or work.

NY State of Health complies with applicable Federal civil rights laws and state laws, and does not discriminate on the basis of race, color, national origin, creed/religion, sex, age, marital/family status, arrest record, criminal conviction(s), gender identity, sexual orientation, predisposing genetic characteristics, military status, domestic violence victim status and/or retaliation.

Here are 4 reasons why you and your family need health insurance:

1 Because you want to protect yourself and the ones you love

Sickness or injury can change your life in a moment. The best way to protect yourself and your family is to be prepared. To know you can get the right care—when you need it—without worrying about the cost. That's the best reason for having health insurance.

2 Because you want to keep small problems small

Health insurance covers the cost when you go to the doctor. Not just when you are sick, but when you are healthy, too. Doctors can find problems when they are small, simple, and less costly to treat. Keeping small problems small is the smart way to take care of your health.

3 Because you want to live more boldly and confidently than ever before

When you have health insurance, you have peace of mind. You can face the unknowns in your future and deal with the risks that are part of everyday life. You can feel secure, knowing that you and your family are covered—no matter what.

4 Because NY State of Health has made it easy to shop and pay for health insurance

The Marketplace has many health plans to choose from. It also offers help from people trained to walk you through the sign-up process, step by step. You can get this help online, on the phone and in person, in whatever language you speak. And, many New Yorkers will have help paying for a health plan.

Si usted habla un idioma diferente al inglés, los servicios de asistencia de idioma están disponibles gratis para usted. Llame al 1-855-355-5777 (TTY: 1-800-662-1220).

如果您使用的語言不是英語,您可以使用我們的免費語言支援服務。請致電 1-855-355-5777 (TTY: 1-800-662-1220)。